

Report for: Health and Wellbeing Board – 8 December 2016

Title: Haringey CAMHS Transformation Plan Update

Organisation: Haringey Clinical Commissioning Group and Haringey Council

Lead Officers: Catherine Swaile, Vulnerable Children’s Joint Commissioning Manager

1. Describe the issue under consideration

- 1.1 A joint review of Child and Adolescent Mental Health Services (CAMHS) was launched in February 2015 by Haringey Council and Haringey Clinical Commissioning Group. The publication of ‘Future in Mind’ in March 2015 framed this review in light of national drivers and provided a context by which to review Haringey provision. The Review had significant input from a wide range of stakeholders and was a collaborative process with local organisations delivering support to children and young people. The Review then formed the basis for our CAMHS Transformation Plan which was signed off by Health and Wellbeing Board in 2015. This plan is a five year action plan for the improvement of child and adolescent mental health services and covers a range of areas for improvement, and is supported by dedicated funding made available to CCGs by NHS England.
- 1.2 Since publication of our CAMHS Transformation Plan in September 2015 Haringey CCG and Haringey Council have been working with our local providers to implement our CAMHS Transformation Plan. The Haringey CAMHS Transformation Board has been meeting regularly in order to drive this work and engagement from a broad range of commissioners, providers and patient groups has been sustained. Some elements of our Transformation Plan are being implemented locally, and others across a broader North Central London footprint.
- 1.3 The purpose of the attached document is to provide an updated version of the plan to take into account the work that has been completed in the last year and to provide further detail on what implementation will look like over the next four years. This document is formed of two parts: Part One is our original Transformation Plan and reflects the context and work going on in Haringey and provides an update on 2016 progress within each section. Part Two (starting on page 75) is a new summary of the priorities that we are working on jointly across North Central London. Part of the assurance process for Transformation Plans and ongoing funding is that the Health and Wellbeing Board supports and endorses the refreshed plan.

2. Recommendation

- 2.1 That the Health and Wellbeing Board note the contents of the CAMHS Transformation Plan Refresh and formally sign-off the plan for publication.

3. Background

3.1 CAMHS Transformation Funding

3.2 The below table outlines the estimated allocations made to Haringey CCG under Future in Mind, which are being invested in our Local Priority Schemes, outlined later in the document. Additionally it has been announced that a further £25 million will be available nationally to support CAMHS Transformation in 2016/17 and we are currently awaiting information on allocations, but will be using this money to reduce waiting times and support the implementation of improved crisis care with NCL partners.

Investment	2015/16	2016/17	2017/18	2018/19	2019/20
Transformation Funding	£368,203	£635,000	£747,000	£907,000	1,013,000
Eating Disorder Funding	£147,099	£160,000	£160,000	£160,000	£160,000
MH Links Funding	£150,000	£0	£0	£0	£0
CYP-IAPT Funding	£13,000	£39,000	TBA	TBA	TBA

Key Developments in Year One:

- Future in Mind emphasises the need for a single point of access. CAMHS Access fulfils that role but is limited to paper/phone call triage, and involves no face to face interaction. As of October 2016 a new service has been in place to provide a face to face one-off appointment for children, young people and their families. This new access point, named 'Choices', takes self-referral and CAMHS Access will be incorporated into it over the coming year. The triage appointment will take a community asset based approach to ensure that those requiring CAMHS are quickly identified and those who can be supported by community or digital resources are diverted, with self-management information in line with the Thrive approach.
- We are piloting several new approaches to CAMHS including peer support, group therapy, parental peer support and a co-designed life skills course for those approaching transition
- We have supported providers with the development of their IT infrastructure to support better reporting and monitoring of outcomes.
- A significant programme of training has been delivered to the universal workforce to improve their understanding of mental health, and how to support better access to services.
- We are working more closely with schools through the Anchor Project which helps schools to support attachment and through the CAMHS in Schools Pilot which helped improve mechanisms for communication between CAMHS and Schools.
- A number of projects to support vulnerable groups have been developed, including:

- Hosting a CAMHS worker into paediatric services to improve the post-diagnostic support for those accessing the neuro-developmental and social and communication assessment clinics
- Intensive support for looked after children who have had a number of placement disruptions that has prevented them from accessing CAMHS
- Support for the emotional health of young carers

4. Timings

4.1 There is considerable work underway to implement the plan across partners, with significant progress having been made in the last year. It is likely that the process of refreshing the Plan and presenting it to the Health and Wellbeing Board for endorsement will be an annual requirement as part of the NHS England assurance process.

5. Appendices

Appendix A: Haringey Child and Adolescent Mental Health Services Transformation Plan.